





# dvanced Concepts in Plastic Surgery

Experienced, personalized care for beautiful results • SURESH KONERU, MD

## **April 2013**

Happy Fiesta!



Well, it's already Fiesta time. It's always been one of my favorite times of the year in San Antonio. I hope you are able to enjoy some of the festivities.

Please enjoy them safely and don't forget the sunscreen!

Fiesta marks the beginning of our busy season. If you are considering surgery in May or June after school is out, now is the time to schedule your surgery. Things are busy this time of year so my surgery schedule fills up fast. I usually operate a lot of students and teachers so that they can have 3 months to recover and not have to worry about missing school or work. Call the office today if you are even thinking about having something done in May or June.

As always, I welcome your <u>comments</u>. Let me know if there is anything special that you would like me to include in future newsletters.



#### **Casting Call!**

Kens5 is doing a story on our 3D imaging technology. If you had Breast Augmentation or Rhinoplasty and we reviewed preop computer imaging with you, give Linda a call TODAY. Karen Grace, the reporter, wants to interview a real patient (I guess I'm just not photogenic enough) for the story. She told me she can even blur your face if you would like.

### THE HUFFINGTON POST

#### **Probiotics**

I've been a big fan of Huffington Post ever since they featured me as an etiquette expert. I have also been a big fan of probiotics and am convinced that since I started taking them my horrible San Antonio allergies have been much improved. I came across this article on HuffPo about the benefits of probiotics. There is also another interesting article about all the benefits by Dr. Julie Chen here. There doesn't seem to be much to lose by taking Probiotics, if you are looking to start one, I would look for one with millons of Colony Forming Units (CFUs) that is kept in the refrigerated section of the nutrition aisle. Let me know how it goes! (Get it?)



Mentor Refer A Friend Program

Love Your Look? One of the Breast Implant companies that we use has just released a new Refer A Friend Program. If you had Mentor implants

placed after March 1, you are eligible to participate. If you refer a friend to our office and she has breast implant surgery, Mentor will send you a Visa gift card for \$100 to \$250 depending on which implant she chooses. A lot of our patients are referred by other patients already, so this is a great reward for your referrals. If you are interested, click here for more information.







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